



# WARRIOR

For ages 6-14

April 1-2, 2017

## Take part in Birthday Dreams 2<sup>nd</sup> Annual Kids Ninja Warrior Challenge!

Hazen High School at 1101 Hoquiam Ave NE, Renton, WA 98059

### PRACTICE & QUALIFYING RUNS

Each participant has 1 hour to practice the course and run 2 timed trials.  
Time slots are grouped by age and selected at registration.  
Top 10% of qualifiers from each age group will advance to the Championship Round.

SATURDAY: 9:00AM - 6:00PM

SUNDAY: 9:00AM - 3:00PM

### CHAMPIONSHIP ROUND

SUNDAY 3:30PM - 5:30PM

Emcees: **Marcus and Jessica Trufant**

### VIP Secret Ninja Night with Sensei Chris

Learn Sensei Chris' "Top 5 Ninja Skills" to make you faster on the course,  
plus desserts provided by The Red Tea Room.

FRIDAY, March 31<sup>st</sup>: 6:00 - 8:00PM

Space is limited - register today!

OVER FOR DETAILS

# REGISTRATION & SPONSORSHIP INFORMATION

**Register early for access to training videos and tips before the event!**

CHALLENGE COST: \$30 PER CHILD

VIP SECRET NINJA NIGHT COST: \$40 PER CHILD

(Birthday Dreams is accepting ticket donations so a homeless child can be a Ninja Warrior, too!)

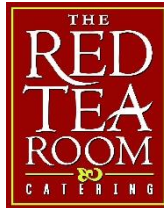
TO REGISTER/PURCHASE TICKETS, GO TO:

[www.birthdaydreams.org](http://www.birthdaydreams.org)

FOR QUESTIONS:

CALL 425-988-3954

EMAIL [events@birthdaydreams.org](mailto:events@birthdaydreams.org)



Thank you to our sponsors!



TRUFANT FAMILY FOUNDATION

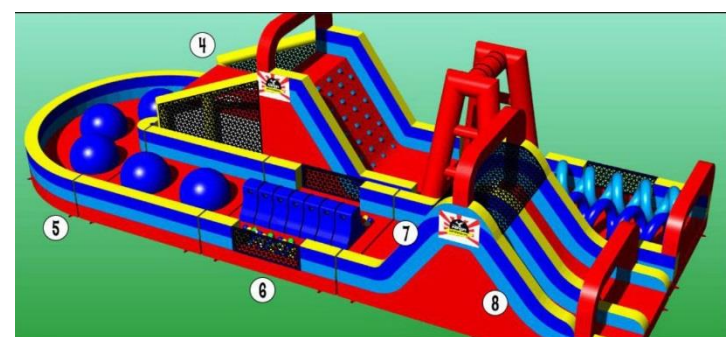
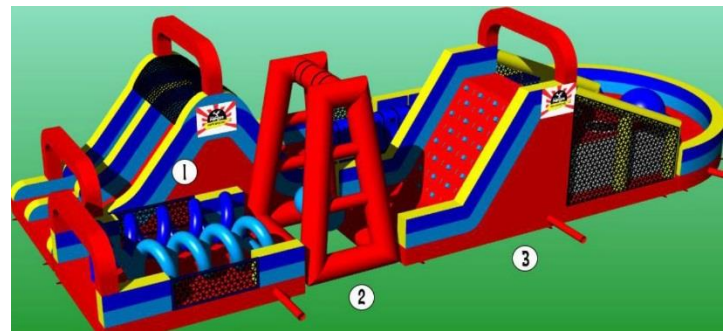
## THE COURSE

Indoor Inflatable Obstacle Course

Length: 65 Feet | Width: 22 Feet | Height: 15 Feet

Total Course: 130 Feet

1. **THE CORKSCREW:** Get down on your hands and knees for two corkscrew run-throughs to traverse through. Climb over, under and get through as fast as possible!
2. **THE ROPE SWING:** Step up onto the riser and grasp the rope for a giant swing! Time your landing to get as far forward on your feet as possible.
3. **MOUNTAIN CLIMBER:** Coordinate your hands and feet to scale the 12-foot ascent to the top, then, don't look down!
4. **DROP ZONE:** After scaling the Mountain Climber, look down and aim for the target! Jump into the air and land feet out onto the Giant Crash Pad!
5. **BIG BALL ALLEY:** Make your way off the Drop Zone Landing and onto the first Big Ball! Keep your balance jumping across the 5 ball alley way.
6. **THE WALL:** Grasp the handles with your hands and don't let your feet slide off! Pull back and traverse sideways foot over foot until your clear The Wall!
7. **CARGO NET CLIMB:** Scale the 12 foot cargo net paying attention to not slip through and lose time! Make your way to the top then...
8. **GIANT SLIDE:** Hop down and take off the 14 foot Giant Slide will spit you out in a hurry and across the finish line!



## ABOUT THIS EVENT

**HAVE FUN AND MAKE A DIFFERENCE!**

This Kids Ninja Warrior<sup>©</sup> event is hosted by Birthday Dreams — a non-profit organization that provides birthday parties for homeless children in the Puget Sound region. All proceeds from this event will benefit Birthday Dreams.

